



	Gymnastics	Games	Dance	Athletics
EYFS	Body parts Stretch Shape Travel Forwards Backwards Slow Fast Roll Jump	Space Rolling Catching Throwing Team Passing Scoring	Travel Stillness Direction Space Body parts Levels Speed	Walk Jog Throw Target Jump Run Hop Skip Fast Pass In pairs
Years 1 and 2	Forwards Backwards Sideways Roll Slow Body parts Shape Jump Travel Stretch Wide Narrow	Striking Catching Own space Team Speed Direction Passing Controlling Shooting Scoring	Travel Stillness Direction Space Body parts Levels Speed	Throw High Low Skip Aim Fast Slow Safely Step Bounce Jump Leap Hop Repeat Run Target Overarm Underarm Walking Jogging Accelerate Baton Relay Push Take off Landing Evaluate Improve



<p>Years 3 and 4</p>	<p>stretch push pull step spring crawl still slowly tall long forwards high low roll copy jump land balance</p>	<p>Keep possession Scoring goals Keeping score Making space Pass/send/receive Travel with a ball Make use of space Points/goals Rules Tactics Batting Fielding Defending Hitting</p>	<p>Space Repetition Action and reaction Pattern</p>	<p>Sling Pull Distance Sprint Steady pace Accuracy Height Record Joints Rhythm Leading leg Measure Underarm Overarm Heart beat Pulse rate Jogging Walk Hurdles Landing Control Preferred Landing foot Time Stamina Obstacles Stance Diagonal Approach Speed Relay</p>
<p>Years 5 and 6</p>	<p>Muscles Joints Symmetrical/asymmetrical Gymnastics Vocabulary Rotation Turn Shape Landing Take-off Flight Performance/evaluation</p>	<p>Keeping possession Passing Dribbling Shooting Support Marking Attackers/defenders Marking Team play Batting Fielding Bowler</p>	<p>Dance style Technique Pattern Rhythm Variation Unison Canon Action Reaction</p>	<p>Sprint Team Distance Measure Height Target Pacing Rhythm Obstacles Leading leg Hurdles Throwing Speed Accuracy</p>



		Defending Hitting Games Vocabulary Offside Pitch Forehand/backh and		Take off Stamina Time Projectory Release Performance Accuracy Take off Distance Target Time Position Measure Control Height Run up Hurdles
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